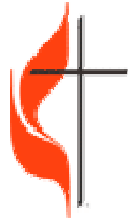




CA-NV UMC Conference
Older Adult Ministry Council



Spring 2008

Council for Older Adult Ministries Begins

When Annual Conference passed the Resolution presented as Item 27, the groundwork for the Older Adult Ministry Council (OAMC) was established. Under the Board of Discipleship, the Council now consists of 18 members (see list below), which includes at least two from each district with a balance of gender, ethnicity, and clergy/lay.

The Council has met twice, Nov. 7 and March 12. Activity is focusing now on ways in which the Council can be a resource to clergy and congregations on older adult ministry. The plans are 1) to publish a quarterly newsletter available on the *Instant Connection* and in hard copy to those who request it, and 2) a *Best Practices Guide*, describing many different ministries around the Conference.

Best Practices Info Form

The Council developed a form that is available in this newsletter on Page 3 and is to appear on the CNUMC website (www.cnumc.org, Older Adult Ministries). Anyone who would like to share information about their programs is encouraged to complete the form and send it in via email, fax, or US Postal (see form for contact information). Information to be collected and shared includes: Name of Program, Contact Person, Desired Outcomes, Staff Required, Materials Needed, Number of Meetings/Length of Program, Costs, Funding Sources, Food Pro-

vided, Transportation Provided, Evaluation Tool(s) Used, Number of Participants, Publicity, and Comments.

Once the Best Practices forms are collected, the *Best Practices Guide* can be completed. A *Guide* sample is to be available at OAMC's Annual Conference display table. Funding from the Beulah Fund and Board of Discipleship is also enabling the Council to fund Coming Fully Alive as You Age programs by Senior New Ways at seven underserved locations in the Conference.

This newsletter is to be published online in the future and accessible through the weekly eNewsletter, *Instant Connection*. OAMC contact information is listed on pp. 3 and 4 of this newsletter. The tree

logo is from the Center on Aging and Older Adult Ministries.

Older Adult Ministry Council Members

Marilyn Wilson, Chair; Susan Harlan, Communications Coordinator; Edna Andres, Nancy Enloe, Judy Gross, Paul Harkness, Acsa Hitchens, Julie Horne, Kathy Kim, Dale Kuruhara, Rosemary Landry, Martha Milk, John Oda, Judith Pruess-Mellow, Ruth Reynolds, Barbara Ryder, Pat Sanborn, Bob Stagnaro. Another member, Carole Urzua, was active in the formation of the OAMC and we offer condolences to her family in her recent passing.

OAMC MISSION STATEMENT

HONOR AND ENRICH THE LIVES OF OLDER ADULTS BY SUPPORTING THE DEVELOPMENT OF MINISTRIES (AND SERVING AS A FOCAL POINT FOR INFORMATION AND GUIDANCE) BY, WITH AND FOR OLDER ADULTS.

Best Practices Example: "FeFe" in Grass Valley

Here's an example of the use of a Best Practices Form, which you can cut out or copy on the next page.

- Name of program: FeFe Say Hi!
 - Contact Info: Marilyn Wilson, [email address], Grass Valley UMC 530-272-1946.
 - Description/Desired outcomes: Socialization of frail elders.
 - Staff (paid or volunteer): Volunteer organizer and transportation drivers.
 - Materials needed: Mementos from events at the church.
- Times/length of program: Short visits bi-weekly with phone call in between.
 - Cost for program, for participant: No cost, time and mileage donated.
 - Food: No food.
 - Evaluation tool: Quarterly meeting with Friendly Visitor Committee to evaluate effect on elderly.
 - Number of participants: 4 drivers, 2 active frail elders who visit the 10 homebound frail elders.
 - Publicity: Church council, *Chapel Chimes*, Sunday bulletin.
 - Transportation: Donated by drivers taking active frail elders to visit homebound frail elders.

Beulah Grants - *To Enhance the Quality of Life for Older Adults*

The Beulah Older Adult Grant Fund supports programs that serve the needs and upholds the dignity of older adults. Grant applications are available now thru August 1, 2008 the filing deadline.

Here is a short list of the types of programs supported, but proposals are not limited to these: education, nutrition, counseling, transportation assistance, health ministry, respite care, chaplaincy, social activities and exercise programs. Grants are not approved for capital expenditures, new construction or rehabilitation of facilities.

More information about the grant program is available on the website: <http://beulahcnumw.cnumw.org/>. Scroll down to the link on the left side then click on the Beulah Older Adult Grant Fund; by phone call Barbara Ryder, Chairperson, (650) 968-2456. She looks forward to hearing from you.

An example of a Beulah funded grant: Senior Companions are trained volunteers who visit elderly homebound persons to provide friendship, social interaction, assist with personal care needs, prepare lunches, light housekeeping, provide transportation to appointments, shopping or to social activities depending on their physical limitations. Many times strong bonds are formed between them and the relationship continues throughout their journey.

The Beulah Older Adult Grant Fund supports the training of the volunteers as well as the program. For instance, one homebound senior loved to hand quilt but was unable to cut the squares for her beautiful quilts due to crippling arthritis in her hands. Her companion would go frequently and attend to her needs so that she could continue to enjoy quilting.

2008 Conference

OAMC Completes its First Year!

The 2008 Conference marks one year that the OAMC has been in existence as part of the California Nevada Conference. We encourage you to find our table to pick up a brochure and Best Practices forms.

We are looking for your input now as we gather information from churches across the Conference on the types of programs offered to older adults. Take a minute and find us and stop by to complete a form.

OAMC is providing a 5-minute program onstage on Friday, June 20th. You can see our slide show during that time and hear us speak about the Council and what we are working on now.



Best Practices Form

Let us know about your special programs for older adults and mail the form below to our Communications Coordinator. The information can then be posted on our website to share with those interested in OA programs.

Forms are also be available at the 2008 Conference in our display area. We encourage you to use the form and share what you are doing with special programs and services for older adults.

By sharing this information across the Conference, we can make the best examples available and encourage other churches to adopt these programs. All best practices will be compiled into a book to be available later this year.

Best Practices Form: *Let us Know About Your Special Programs for Older Adults!*

CA-NV Older Adult Ministry Council, March 2008

Name of Program: _____

Description/Desired Outcomes: _____

Staff Required (volunteers and paid staff): _____

Materials Needed: (room, handouts, video, etc) _____

Meetings/Times/Length of Program: _____

Cost of program: _____

Funding source: _____

Food or Snacks Provided: _____

Contact Person: _____

Evaluation Tool Used/Number of Participants: _____

Publicity: Internal or External: _____

Transportation: _____

Comments: _____

Email: susan.harlan@pacbell.net; Mail: 4747 Touchstone Terrace, Fremont, CA 94555; Fax: 641-453-8365

CNUMC

Older Adult Ministry Council

c/o Susan Harlan
Communications Coordinator
4747 Touchstone Terrace
Fremont, CA 94555-2602

To:



Honor and enrich the lives of Older Adults

The list below has names of churches and their locations from which we have received Best Practices information. If your church is not on this list, please complete the Best Practices form on page 3 to let us know about one of your special programs for older adults.

Aptos	Aptos	Livermore-Asbury	Livermore	St. Paul's	Fremont
Calvary	San Jose	Loomis	Loomis	Sunnyvale	Sunnyvale
Cambrian Park	San Jose	Los Altos	LA	Temple	San Francisco
Castro Valley	CV	Los Gatos	LG	Tice Valley	Walnut Creek
Central	Stockton	Lynnewood	Pleasanton	Sunnyvale	Chico
Clovis	Clovis	Middletown	Middletown	Valley Faith	Sunnyvale
Crescent City	CC	Modesto	Modesto	Walnut Creek	WC
Crystal Springs	CS	Nevada City	NC	Wesley	Fresno
Downs	Oakland	New Vision	Millbrae	Wesley	Palo Alto
Epworth	Berkeley	Newcastle	Newcastle	Willow Glen	San Jose
Eureka	Eureka	Pine	San Francisco		
Fortuna	Fortuna	Placerville Fed.	Placerville		
Gardnerville	G, NV	Redding	Redding		
Gilroy	Gilroy	Redwood City	RC		
Grace	Yuba City	San Leandro	SL		
Grace	Fresno	San Ramon Valley	Alamo		
Grass Valley	GV	Santa Rosa-FUMC	Santa Rosa		
Jones	San Fran.	Selma	Selma		
Korean Santa Clara	San Jose	Sierra Pines UMC	Grass Valley		
La Trinidad	San Jose	Sonoma	Sonoma		
Lincoln	Lincoln	St. Andrew's	Sacto		
		St. Mark's	Sacto		

**Please
Send Us
Your**

Best Practices!